

The Finest Therapy Programs

Kanata Orthopaedic Physiotherapy Clinic strives to provide the highest quality of one-on-one physiotherapeutic intervention. Custom therapy programs suited to your individual needs are designed to help you get back to normal activity as soon as possible.

You will work directly with a certified physiotherapist who will:

- ✓ Perform a biomechanical assessment of your injury/condition
- ✓ Design your personal rehabilitation and exercise program
- ✓ Work one-on-one with you every visit
- ✓ Regularly monitor your progress, and modify your program as you improve
- ✓ Work with other medical and therapy professionals as required

Your recovery goals can be achieved through a variety of interventions, including:

- ✓ Manual therapy: hands-on stretching and mobilization to restore movement
- ✓ Electrotherapy: pain-relieving currents
- ✓ Therapeutic ultrasound
- ✓ Individualized exercise programs
- ✓ Acupuncture
- ✓ Dry Needling
- ✓ Vestibular Rehabilitation
- ✓ Massage Therapy
- ✓ Custom Orthotics



Our Services

Our goal at Kanata Orthopaedic Physiotherapy Clinic is to exceed the expectations of all clientele, and work as a team with you on your road to recovery and health. Our focus is in the assessment and treatment of orthopaedic conditions, which are those related to bone, muscle and joint problems.

Consult us about:

- ◆ Acute or chronic back, neck and spinal pain
- ◆ Sprains and strains
- ◆ Muscle and joint pain
- ◆ Sports injuries
- ◆ Repetitive strain and office overuse injuries
- ◆ Post-operative care/recovery/rehabilitation
- ◆ Dizziness, Vertigo, Balance problems
- ◆ TMJ (Jaw) pain and clicking
- ◆ Tendonitis and bursitis
- ◆ Headaches
- ◆ Arthritis
- ◆ Motor vehicle accidents



Friendly, Highly Qualified Staff

Our **Physiotherapists** have experience in hospital, clinical and private practice. They have all had extensive post-graduate training, and continue education in order to stay up-to-date with assessment and treatment techniques.

We have therapists trained in **Acupuncture** and **Vestibular Rehabilitation**.

We work with **licensed Massage Therapists** and a **Chiropractist**, who are also a part of our team.



To book an appointment

Simply call us at 613-599-8132 to book a convenient time for your initial visit.

A referral is not needed to be seen at the clinic. If you do have a referral from your doctor, it can be brought in for your first appointment. It may also be faxed from your doctor's office to 613-599-6139.

For your convenience

- ✓ We accommodate early morning and extended evening appointments Monday to Friday
- ✓ We are minutes from the Queensway
- ✓ Free parking is also available

Kanata Orthopaedic Physiotherapy Clinic

200-308 Palladium Drive
Kanata, ON
K2V 1A1

Phone: 613-599-8132

Fax: 613-599-6139

E-mail: KOPC@magma.ca

Website: www.KanataPhysiotherapy.com

Our clinic is a member of the ACTIVE Health Management Group™

ACTIVE Health Management™ is a Canada-wide organization. Its member clinics are dedicated to the highest standards of assessment and treatment.

Kanata Orthopaedic Physiotherapy Clinic is accredited by, and meets the exacting requirements set by ACTIVE Health Management™.

Service Fees

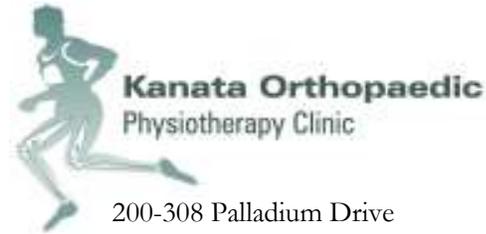
Kanata Orthopaedic Physiotherapy Clinic is a privately owned clinic. Most extended healthcare benefit plans now offer coverage for Physiotherapy, Massage Therapy, and Custom Orthotics.

Although a doctor's referral is not required to attend our clinic, your insurance may require one to process your claim.

We accept:

- ♦ Payments made by cash, cheque, debit or credit card
- ♦ Motor vehicle accident claims
- ♦ We also have billing privileges through Blue Cross for members of RCMP, National Defense, Canadian Forces and Veterans Affairs Canada

For specific questions about our rates, you may contact the clinic at 613-599-8132.



200-308 Palladium Drive
Kanata, ON
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How to find us:

- ♦ From the 417, take the Terry Fox exit
- ♦ Follow Terry Fox South
- ♦ Turn right onto Palladium Drive
- ♦ We are the second building on your right

Contact us:

Phone: 613-599-8132
Fax: 613-599-6139
E-mail: KOPC@magma.ca

www.KanataPhysiotherapy.com



Providing individually tailored, comprehensive treatment and rehabilitation programs including Physiotherapy, Therapeutic Massage, Acupuncture, Vestibular Rehabilitation and Custom Orthotics



*Proudly leading you on your road
to recovery and health*

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